

Elderberry – *Sambucus canadensis*

Climate								Soil						
Min Optimal Temp (°F)	Max Optimal Temp (°F)	Min Absolute Temp (°F)	Max Absolute Temp (°F)	Growing Degree Days (°F base)	Chilling Hours (32-45 °F)	Min Rainfall (in/year)	Max Rainfall (in/year)	Min pH	Max pH	Optimal Soil Texture	Absolute Soil Texture	Optimal Soil Drainage	Absolute Soil Drainage	Soil Depth (in)
-49 ^{a,b,j}	95 ^{b,f,j}	-45 ^{a,b,j}	100 ^{b,f,j}	N/A	N/A	30 ^{b,d}	70 ^{b,d}	5.5 ^{b,e,n}	8.0 ^{b,e,n}	clay loam, silty clay loam, sandy clay loam, loam, silt loam, sandy loam ^{b,k,n}	clay, sandy clay, silty clay, loamy sand, silt, sand ^{b,k,n}	well drained ^{b,k,m}	excessively drained, somewhat excessively drained, moderately well drained, somewhat poorly drained ^{b,k,m}	10 ^{c,l,n}

	Key Months for Crop Development and Thresholds												
	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	
Stage of growth (under current conditions)	Dormant	Dormant	Dormant	Bud Break	Leaf Out	Flowering	Flowering	Flowering, Fruit Development	Fruit Ripening, Harvest	Fruit Ripening, Harvest	Leaf Drop	Leaf Drop	

Key Cultivars: ^{g, h, i}

While there are several European elderberry varieties available in the U.S., the plants typically do not do as well in the Midwest and the berry quality is not as good as American varieties. The following are promising American varieties that have been trialed across the Midwest.

- 'Ranch' (earliest ripening, high flower production, drought tolerant, stocky plant)
- 'Cherokee' (high yielding)
- 'Coop' (high yielding)
- 'Barber' (high yielding)
- 'Dandy' (high yielding)
- 'Wyldewood' (late ripening, high yielding)
- 'Bob Gordon' (late ripening, high yielding, umbels droop which protects berries from birds, drought tolerant)
- 'Pocahontas' (late ripening - ripens 10 days after Bob Gordon, high yielding)

Climate Risk Notes: ^{i, n}

Elderberry is not drought tolerant and needs consistent precipitation or irrigation (i.e., 1 inch per week) throughout the growing season to produce high yields.

Elderberry has a shallow root system, and young plants do not compete well with weeds. Proper weed control is vital to successfully establish a planting.

Elderberry can tolerate some shade, but it will not produce well. Elderberry should be cultivated in open areas for the best yields.

Elderberry can withstand occasional flooding, but it will not survive standing water for more than a day or two.

References

- ^a California Rare Fruit Growers (n.d.). *Fruit Cultural Data*. <https://crfg.org/home/library/crfg-fruit-list/fruit-cultural-data-2/>
- ^b Illinois State Water Survey. (2021, March 15). *Sanbucus canadensis*. Alternative Crop Suitability Maps. <https://www.isws.illinois.edu/data/altcrops/cropreq.asp?crop=775&fp=croplist&letter=E&nmeType=cmn>
- ^c Jarnagin, D., Sarkhosh, A., Popenoe, J., Sargent, S., & Athearn, K. (2020). Elderberry and elderflower (*Sambucus* spp.): A cultivation guide for Florida: HS1390, 10/2020. *EDIS*, 2020(5).
- ^d LEAF Network. (n.d.). *Elderberry*. <https://leafnetworkkz.org/Sys/PublicProfile/30032974/3847197>
- ^e Lowenstein, D. (2020, January 27). *Growing elderberry in the garden*. Michigan State University Extension. https://www.canr.msu.edu/news/elderberries_an_edible_landscape_plant
- ^f Martin, C. O. & Mott, S. P., (1997). *American elder (Sambucus canadensis)*. U.S. Army of Corps of Engineers. <https://apps.dtic.mil/sti/pdfs/ADA330204.pdf>
- ^g Montana State University. (2025). *Elderberry variety evaluation*. Western Agricultural Research Center. https://agresearch.montana.edu/warc/research_current/berries/elderberry.html
- ^h Moore, S., Huchteman, M. W., Prenger, E., Revord, R., Redhage, D., Billy, S., Wolske, E., Persche, M., O'Neal, C. S., Thomas, A. L. (2024, February 20-22). *Environmental affects performance and fruit yields of diverse American elderberry genotypes* [Poster presentation]. 18th North American Agroforestry Conference, Costa Rica. https://kerrcenter.com/wp-content/uploads/2024/06/sydney_moore_NAAC_poster.pdf
- ⁱ Savanna Institute. (2023). *Elderberry grower's guide for the Midwestern US*. <https://www.savannainstitute.org/elderberry-guide-download/>
- ^j Schmitzer, V., Veberic, R., & Stampar, F. (2012). European elderberry (*Sambucus nigra* L.) and American elderberry (*Sambucus canadensis* L.): Botanical, chemical and health properties of flowers, berries and their products. *Berries: properties, consumption and nutrition*, 127-148.
- ^k Schooley, K. (1998). *Elderberries for home gardens*. Ontario Ministry of Agriculture and Rural Affairs. <http://www.omafra.gov.on.ca/english/crops/facts/95-005.htm#Site>
- ^l University of New Hampshire Extension. (2020, August 31). *What is the best way to grow elderberries?*. <https://extension.unh.edu/blog/what-best-way-grow-elderberries>
- ^m Wilson, M. (2018). *Perennial pathways: Planting tree crops*. Savanna Institute. <https://www.savannainstitute.org/planting-tree-crops/>
- ⁿ Wilson, R. (2016). *Growing elderberries: A production manual and enterprise viability guide for Vermont and the Northeast*. University of Vermont Center for Sustainable Agriculture. <https://www.uvm.edu/d10-files/documents/2025-02/ElderberryGuideComplete.pdf>